

*Growing up  
and moving  
on!*



# **A Guide to Transition to help you plan for your future**



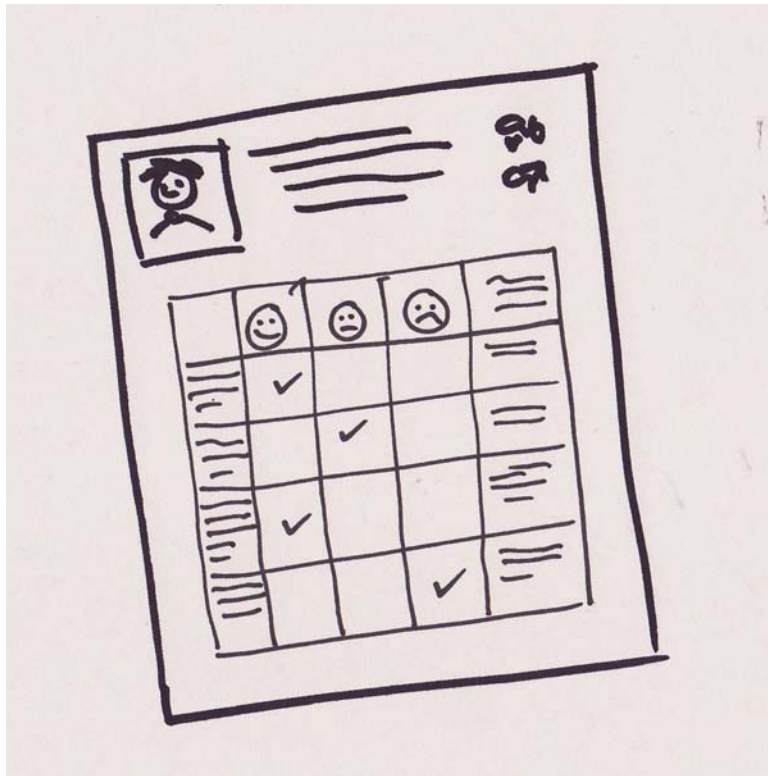
**This leaflet is for young people like you, who are likely to need services provided from Adult Social Care.**



If you have a statement of special educational needs or you have lots of extra help at school, your Head Teacher will arrange a Transition Meeting.



Your first Transition Meeting will happen in Year 9 when you are 14 and then there will be one every year until you leave school.



## The Transition Meeting should tell everyone:

- what help you need
- what you like and don't like
- what happens next
- when it will happen
- where it will happen
- who will do it

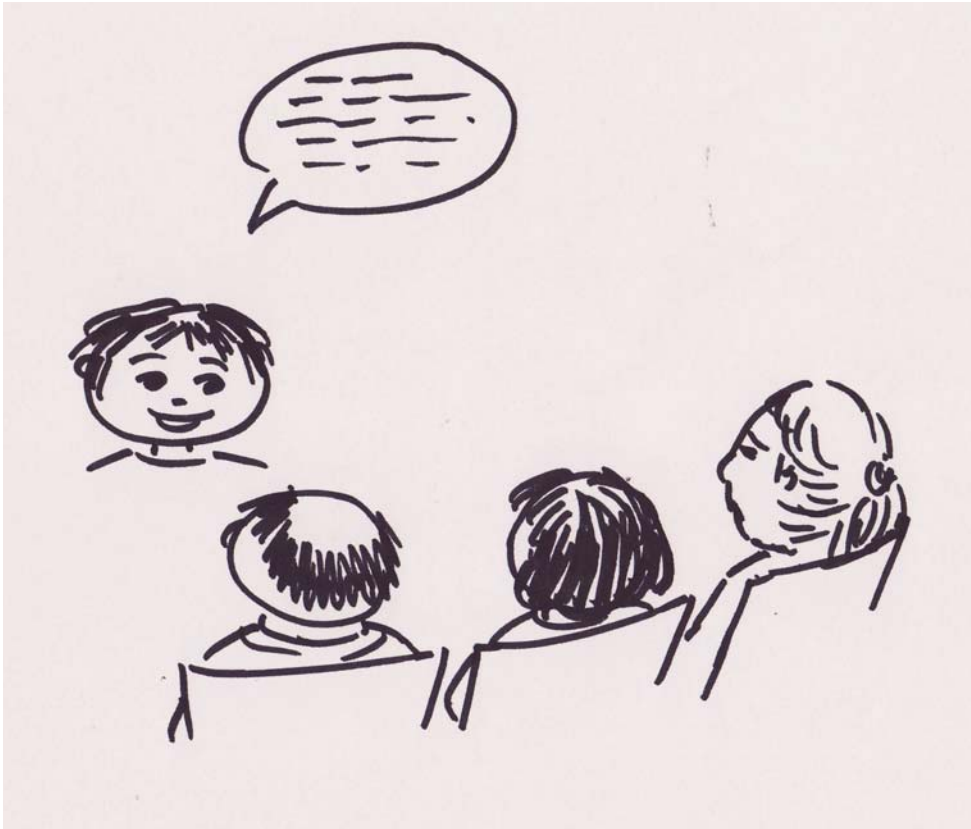


The Transition Meeting is to help you plan for when you leave school. There will be someone you know well to talk to about this. It might be your Connexions worker or a Transitions Co-ordinator.



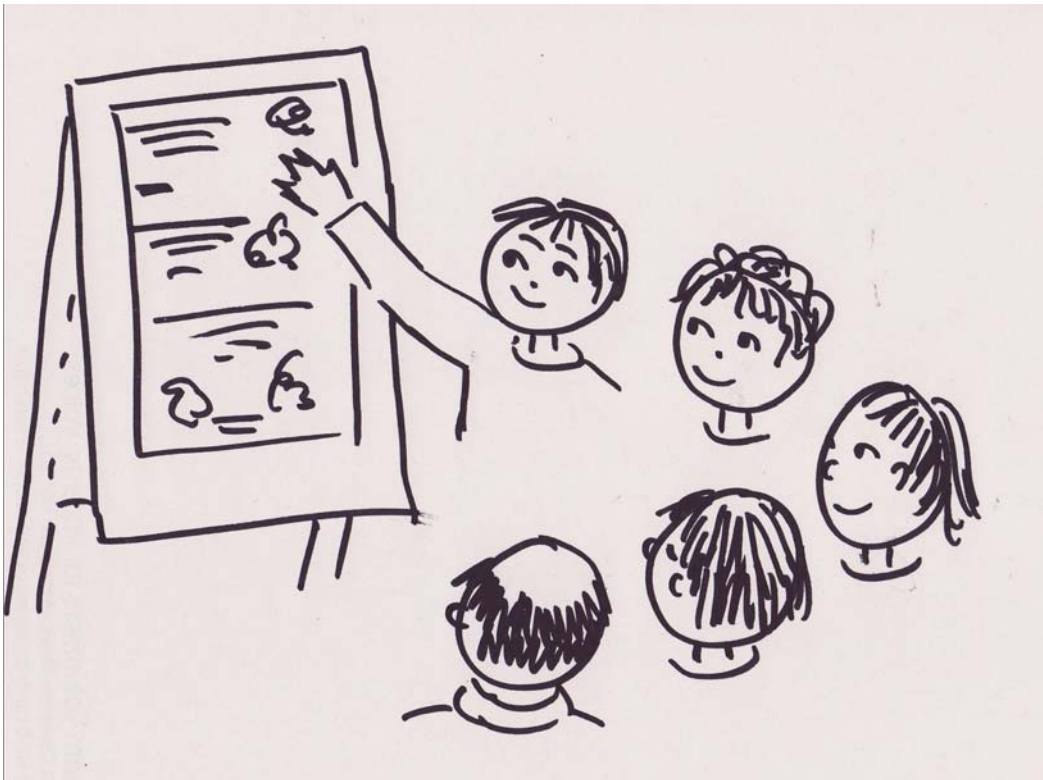
They will talk to you about what you need to feel healthy and happy. We all need someone to listen to us who understands the way we feel about things. This helps us to feel better about things that worry us.

Here are some people who  
can come to the Transition  
Meeting :



Everyone should listen to what you have to say. If you need it, you can get help to say what you think from an advocate.

Everyone should talk with you in a way you can understand.



Everyone will work together  
to help you get what you  
want for the future.